



DR. TAZ ^M_D

THYROID HEALTH QUIZ

YOU MIGHT HAVE A THYROID ISSUE IF:	YES	NO
You feel cold all the time?		
Your hair has changed texture and is more dry and brittle?		
You have early morning fatigue?		
You notice an increase in Brain fog or Depression?		
There has been a change in your bowel habits?		
You have unexplained palpitations?		
You are experiencing joint pain?		
You are noticing changes to your eyebrows and eyelashes?		
You notice splitting of your fingernails?		
You are noticing an increase in hair loss?		

* This quiz is for informational purposes only and is not a substitute for medical advice, diagnosis or treatment.